

**COMMISSION ON AGING
CLIFFORD J. HURGIN MUNICIPAL CENTER
BETHEL, CT 06801
MINUTES
November 14, 2016**

CALL TO ORDER: The meeting of the COA was called to order at 2:36 pm by Chairman Al Barney.

PRESENT: Commissioners: Al Barney, Judy Novachek, Kay Visconti, Barbara Negri and Mary O'Leary, and Director Lisa Plumb.

PUBLIC INPUT: None

MINUTES: The minutes from the September 12, 2016 meeting were distributed. Barbara Negri made a motion to accept them as presented, seconded by Kay Visconti. Motion passed unanimously.

MUNICIPAL AGENT REPORT: Lisa Plumb presented her report from October 11, 2016 and her November report. Judy Novachek made a motion to accept the report from October 11, 2016, seconded by Al Barney. Motion carried.

Kay Visconti made a motion to accept the November report, seconded by Judy Novachek. Motion carried.

DIRECTOR REPORT: Lisa Plumb distributed her reports from October and November. Judy Novachek made a motion to accept the report of October 11, 2016 seconded by Al Barney. Kay Visconti made a motion to accept the November report seconded by Barbara Negri. Both motions passed unanimously.

TREASURER REPORT: Treasurer Judy Novachek distributed financial reports for August and September. Mary O'Leary made a motion to accept the reports as presented, seconded by Kay Visconti. Motion passed.

OLD BUSINESS: Lisa Plumb reported the Grant for a van had been approved but the need for a driver and insurance has not been addressed. She will contact the selectman for more information on proceeding ahead.

NEW BUSINESS: Lisa Plumb reported the Christmas party will be in house this year and will be a Lasagna dinner with a D.J. Suggestions were made for requests for capital expenditures in the next budget. All new chairs in the card room and replacement of blinds were discussed.

A motion to adjourn was made by Judy Novachek, seconded by Kay Visconti at 3:32 pm.

Respectfully submitted,

Mary O'Leary

RECEIVED

2016 NOV 18 P 12:02

TOWN OF BETHEL
TOWN CLERK

BETHEL SENIOR CENTER

Clifford J. Hurgin Municipal Center
1 School Street, Bethel, CT. 06801
Telephone: 203-792-3048; Fax: 203-744-3812

Commission on Aging Meeting
Municipal Agent's Report
10/11/16

Lisa Plumb and Jennifer Lawlor, Social Services Director did two home visits this month.

One visit was the request of the Bethel Police Department who have been called to a Bethel resident's home several times in the past few weeks due to him falling and being intoxicated. Recommendations were made with the person and assistance programs offered which were refused.

The second visit was made to a Bethel resident who is being evicted from their home. The person was referred by a friend of the resident. Lisa and Jenn met with the person along with a Town employee. Several recommendations were made to the person who stated their family is handling all of the arrangements.

Several pieces of handicapped equipment were given out to community members.

Several people in the community donate items to the Senior Center. Although we are grateful for donations, we ask that people donate during the times the Senior Center is opened and not leave items outside of the building. Despite a sign being posted people are constantly leaving items outside which gives a poor appearance to the Senior Center.

Bill Caron is scheduled to speak to the Senior Center members on October 31 about the Open Enrollment period which allows people to change their supplemental insurance plans. The presentation is open to all and is free.

Respectfully,

Lisa Plumb
Municipal Agent

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Commission on Aging Meeting
Municipal Agent Report
11/14/16

A town employee notified the Municipal Agent of an elderly couple in town unable to pay their bills and taxes. Lisa has set up a home visit to discuss the situation with the couple and suggest some assistance programs they may find helpful.

Lisa did a home visit to a single elderly woman who is disabled living alone. She was living with her father. Her father was recently taken to the hospital then a nursing facility where he remains on hospice care. The woman has no means of getting food, cleaning her home, or taking care of routine chores. She is being referred to Elderly Protective Services.

Respectfully,

A handwritten signature in cursive script, appearing to read "Lisa Plumb".

Lisa Plumb, Municipal Agent

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Commission on Aging Meeting
Director's Report
10/11/16

OLD BUSINESS

The Bible Study group had a tour of the Prayer Walk at Walnut Hill Community Church in September. 15 members attended and had lunch afterwards in the Walnut Hill Community Church cafeteria. Everyone was very appreciative to have the opportunity to experience the prayer walk with a guide.

Rahib Allie-Brennan spoke to the members at a Lunch & Learn program in September. He is running for State Representative.

The 'Tools for Caregivers' course will begin 11/7/16. The cost to run the program is approximately \$600.00. The Bethel Senior Center was given a gift of class books, totaling \$500.00, from the Dana & Reeves Foundation.

The new Balance & Meditation class had good feedback. Members would like us to run the program again. It will be started again after the New Year.

NEW BUSINESS

The Quilting Class presented their Quilt of Valor to a local Veteran and Police Officer of Bethel, William Holland. The ceremony was held at the Senior Center in September.

Members attended the Big E State Fair in September for CT day. The perfect weather made for a great trip for all.

The Beginner Quilting class held in September has one more class left. The members have been thrilled with their table runner projects.

Bill Caron will speak to members on Medicare Open Enrollment prior to the Halloween Party on October 31.

The staff is in the process of planning trips and special events for 2017. Some of the Tour Companies have sent their 2017 brochures and we are waiting to receive other companies to do a comparison. Our goal is to finalize the trip schedule for 2017 by December.

The members are taking a trip to Ireland Oct. 6 through October 16. 26 members are participating on the 10 day tour. A tour Director from the USA as well as a tour Director from Ireland will be supervising the trip.

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Commission on Aging Meeting

Director's Report

11-14-16

OLD BUSINESS

The Bethel Senior Center offered 6 flu clinics at the Senior Center. All of the Flu Clinics ended at the end of October. 125 members of the community participated.

The Foxwoods Casino trip was filled on 10-25-16.

The Halloween Party also held a full-house at 55 participants. The band was not a favorite of those attending, however members enjoyed the food which was catered by Grassy Plain Pizza and many commented "it was a great party!"

The Lunch & Learn programs have been filled as well. The last two speakers in October have discussed Medicare and its changes during the Open Enrollment period. One speaker was from the Western CT Area Agency on Aging and the other speaker was Bill Caron, a private insurance salesman in Bethel who is knowledgeable about prescription drug plans. Lunch & Learn programs are planned through March 2017.

The Coat Drive is underway. Many coats have been donated and several coats have been taken by both senior center members and the community.

NEW BUSINESS

The Holiday Shoppe was held Nov 4 & 5, 2016. The event was a success earning a few hundred dollars more than the previous year. This is a fundraising event for the Friends of the Bethel Seniors. Many senior center members volunteered, assisted with set up and clean up, as well as during the event. All of the volunteer efforts were greatly appreciated!

An incident occurred at the Holiday Shoppe. A Bethel resident who has several personal issues was restricted to enter the Senior Center due to past threats and outbursts where the Bethel Police was involved. This person entered the Senior Center and was shopping at the Holiday Shoppe. Lisa Plumb escorted this person outside to the parking lot where she was asked to leave and not re-enter the Senior Center. The person did re-enter the Senior Center yelling profanity walking up and down the hallway. The incident was reported to the Bethel Police Department and Matt Knickerbocker, First Selectman.

Because of special events many programs had to be cancelled the past two weeks due to lack of space to hold the programs. For example, the Halloween Party, Veteran's Breakfast, and Holiday

Shoppe use the cafeteria. The programs held in the cafeteria where the special events were being held are usually changed to a room upstairs, either the gym or multi-purpose room. Due to electric work being done upstairs these rooms were unavailable and the programs had to be cancelled as a result.

The Veteran's Breakfast was filled to capacity at 55 people. Matt Knickerbocker came down to speak to the Veterans and Lisa Plumb welcomed everyone and spoke briefly. Billy Michaels performed a Veteran's show which all seemed to appreciate.

All of the trips and special events have been planned for 2017. A Riverboat Cruise has been planned for 2018 as 2017 is sold out at this time. The trips will be announced in the December/January newsletter.

The new newsletter will be a bi-monthly beginning with December 2016 /January 2017. The new newsletter was received. 1200 copies were made. Lisa Plumb and the staff was not satisfied with the quality of the newsletter and is having it re-done with improvements made at no cost to the Bethel Senior Center. The newsletter should be received from the publisher in the next week and mailed shortly thereafter.

A much needed new cart was ordered for the Senior Center. Also, a new tri-fold outdoor sign was ordered and received. This was set up in the front of the Municipal Center to advertise the Holiday Shoppe. This sign will come in handy to advertise a variety of special events at the Senior Center.

The new course, Powerful Tools for Caregivers, began Monday 11-7. The class is filled with four people on the waiting list. We are thrilled at the Senior Center to be able to offer this course to people in the community as no other course is being offered in our area. We have discussed offering the course at Danbury Hospital, Bethel Library, and the Board of Education in Bethel. This course is not only an excellent course for people to take because of the research that has gone into the course, but a great way to get the Bethel Senior Center name out in the community.

Respectfully,



Lisa Plumb

Community Services Director

Bethel Commission on Aging

September 12, 2016

A report on August Senior Center expenditures.

Account		Budget	Expended	% Spent
5101	Salary	\$63,939.00	\$10,132.00	15.8%
5105	2Sec/Purc	\$48,542.00	\$8,853.75	18.2%
5201	Office Exp	\$ 7,500	\$504.64	6.7%
5301	Dues/Ed	\$3,000	\$701.17	23.4%
5304	Mileage	\$650.	\$00.00	0.0%
5317	Activities	\$60,000	\$4,630.32	13.5%

NEW CASH RECEIPTS REPORT \$

Total Senior Center Budget	\$183,631.00	
Expended	\$24,821.88	13.5%
Total Left In Budget	\$158,809.12	86.5 % remaining

Respectfully submitted,

Judy Novachek

Bethel Commission on Aging

November 14, 2016

A report on September Senior Center expenditures.

Account		Budget	Expended	% Spent
5101	Salary	\$63,939.00	\$16,464.50	25.8%
5105	2Sec/Purc	\$48,542.00	\$13,863.88	28.6%
5201	Office Exp	\$ 7,500	\$979.07	13.1%
5301	Dues/Ed	\$3,000	\$887.43	29.6%
5304	Mileage	\$650.	\$357.26	55.0%
5317	Activities	\$60,000	\$13,651.08	22.8%

NEW CASH RECEIPTS REPORT \$

Total Senior Center Budget	\$183,631.00	
Expended	\$46,203.22	25.2%
Cash Receipts	\$8.934.00	
Total Left In Budget	\$137,427.78	74.8 % remaining
Respectfully submitted,		

Judy Novachek